



## GWINNETT BREAST CENTER

Gwinnett Medical Center

Lawrenceville • Duluth • Hamilton Mill

### **BREAST BIOPSY PRE-PROCEDURE INSTRUCTIONS**

#### **Expectations Prior to the Procedure**

- We suggest you wear a two-piece outfit. You will be instructed to undress from the waist up for your procedure.
- You may wear deodorant for your procedure.
- It is important to eat before your procedure. You may eat breakfast and/or lunch depending on the time of your procedure.
- After your biopsy, you should not put your biopsy site underwater (no bath tubs, swimming pools or hot tubs) for 5 days.
- You will need to arrive at our facility one hour prior to your procedure. Expect to be at our facility for 2-4 hours for the complete process.
- We recommend that you take Tylenol before coming in for your procedure, but this is optional.

### **BREAST BIOPSY POST-PROCEDURE INSTRUCTIONS**

#### **Expectations Following the Breast Biopsy Procedure**

- Small white tape strips and a Band-Aid will be placed over your biopsy site.
- Do NOT do any strenuous exercise, and do NOT lift any item weighing more than 10 lbs until the day after your biopsy.
- Women: We suggest you wear a bra that provides good support. You will need to wear a bra 24 hours a day for 3-5 days after your biopsy, including when you sleep.
- You may take a shower the day after your biopsy, minimizing moisture to the biopsy site.
- Do not put your biopsy site underwater (no bath tubs, swimming pools or hot tubs) for 5 days after your biopsy.
- You will be able to return to normal activity the day after your biopsy.
- You will be able to take Tylenol after your procedure.
- Your will receive your results in 2-3 business days from your doctor or at the Breast Clinic.

#### **Expectations Following an Aspiration Procedure**

- A Band-Aid will be applied over your aspiration site.
- You can return to normal activity the day after your aspiration.

***If you have any questions, please give us a call at 678-312-0930  
Monday-Friday from 7:00 AM-3:30 PM.***